



## Newark Manor Nursing Home

254 W. Main Street, Newark, DE 19711

[www.newarkmanor.net](http://www.newarkmanor.net)

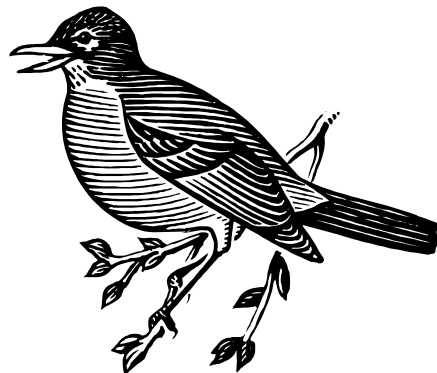
### *Senior Gazette - March 2010*

Volume 1, Issue 3

#### *March Birthdays*

- Ralph McC. - 3/6
- Elizabeth D. - 3/31
- Ruth H. - 3/31

Happy Birthday, All!  
Join our birthday celebration  
on March 16<sup>th</sup> at 2:30pm!



**Volunteer Opportunities** are always available with the Newark Manor Activities Department! Volunteers assist the Activities Director in facilitating activities and assisting residents with transportation to and from an activity. Activities are subject to change. Please feel free to call and confirm an activity before you arrive for volunteer duty.

Our specific volunteer needs are listed below:

- Bingo: 2<sup>nd</sup>, 3<sup>rd</sup>, & 4<sup>th</sup> Mondays and every other Saturday from 2:30-3:30pm
- Bowling: 1<sup>st</sup>, 2<sup>nd</sup>, & 3<sup>rd</sup> Wednesdays from 2:30-3:30pm
- Coffee & News: Mondays & every other Saturday from 10:30-11:30am
- Crafts: 2<sup>nd</sup> Tuesday of every month from 2:30-3:30pm
- Happy Hour: Every other Thursday & Friday from 3-4pm
- Birthday party: always the 3<sup>rd</sup> Tuesday of the month, along with AARP from 2:30-3:30pm
- Game Days: 1<sup>st</sup> Tuesday and 1<sup>st</sup>, 3<sup>rd</sup>, & 4<sup>th</sup> Thursdays from 2:30-3:30pm

**We have a variety of other opportunities for volunteers, such as:** sitting with a resident during a meal, assisting at social gatherings, Read-aloud visits, & "Adopt a Grandparent". Please contact Susan Glenn, AD for details at (302) 793-0565 or at [sglenn@newarkmanor.net](mailto:sglenn@newarkmanor.net)

## This month's Resident Spotlight:

Fran K.

Fran was born in Wilmington, DE - where she lived her whole life until she moved to Newark Manor in 2007. She has two children from her first marriage and was married to her 2<sup>nd</sup> husband, Chester, who also had two children from his first marriage. Fran was an Army Nurse, and traveled all over the world. She was involved with AARP and the Civic Assoc. Fran enjoys staying active, visiting everyone at Newark Manor, working on crossword puzzles, and especially playing Bingo. Fran attended St. John the Beloved Church, and faith continues to be a big part of her life. If Fran could have her wish, she'd continue with her Nursing career even now!

### March 2010 - Activities Calendar\*\*\*

Sun.	Mon.	Tues.	Wed.	Thurs.	Fri.	Sat.
	<ul style="list-style-type: none"> <li>• Coffee Hour &amp; news</li> <li>• Room visits</li> <li>• Duo pianos</li> </ul> <p style="text-align: center;"><b>1</b></p>	<ul style="list-style-type: none"> <li>• Rosary prayer gathering</li> <li>• Chit Chat</li> <li>• Bingo</li> </ul> <p style="text-align: center;"><b>2</b></p>	<ul style="list-style-type: none"> <li>• Ecumenical Service</li> <li>• Holy Humor</li> <li>• Room visits</li> <li>• Bowling</li> </ul> <p style="text-align: center;"><b>3</b></p>	<ul style="list-style-type: none"> <li>• Tai Chi class</li> <li>• Chit Chat</li> <li>• Afternoon matinee</li> <li>• Root beer floats</li> </ul> <p style="text-align: center;"><b>4</b></p>	<ul style="list-style-type: none"> <li>• Proverbs</li> <li>• Room visits</li> <li>• Music hour</li> <li>• Happy Hour</li> </ul> <p style="text-align: center;"><b>5</b></p>	<ul style="list-style-type: none"> <li>• Coffee hour</li> <li>• Chit Chat</li> <li>• Bingo</li> </ul> <p style="text-align: center;"><b>6</b></p>
<ul style="list-style-type: none"> <li>• Room activities</li> <li>• Victory Fellowship Church</li> </ul> <p style="text-align: center;"><b>7</b></p>	<ul style="list-style-type: none"> <li>• Coffee Hour and news</li> <li>• Chit Chat</li> <li>• Bingo</li> </ul> <p style="text-align: center;"><b>8</b></p>	<ul style="list-style-type: none"> <li>• Dictionary game</li> <li>• Room visits</li> <li>• Crafts w/ Lee</li> <li>• Evening Bingo</li> </ul> <p style="text-align: center;"><b>9</b></p>	<ul style="list-style-type: none"> <li>• Ecumenical service</li> <li>• Inspiring stories</li> <li>• Chit Chat</li> <li>• Wii Bowling</li> </ul> <p style="text-align: center;"><b>10</b></p>	<ul style="list-style-type: none"> <li>• Tai Chi class</li> <li>• Room visits</li> <li>• Music w/ David Wells</li> <li>• Happy Hour</li> </ul> <p style="text-align: center;"><b>11</b></p>	<ul style="list-style-type: none"> <li>• "On your own" activities</li> <li>• Carol Burnett</li> <li>• Dean Martin</li> </ul> <p style="text-align: center;"><b>12</b></p>	<ul style="list-style-type: none"> <li>• Room activities</li> <li>• Saturday matinee</li> </ul> <p style="text-align: center;"><b>13</b></p>
<ul style="list-style-type: none"> <li>• Room activities</li> <li>• Sunday matinee</li> </ul> <p><b>Daylight ST begins!</b></p> <p style="text-align: center;"><b>14</b></p>	<ul style="list-style-type: none"> <li>• Coffee Hour and news</li> <li>• Room visits</li> <li>• Bingo</li> </ul> <p style="text-align: center;"><b>15</b></p>	<ul style="list-style-type: none"> <li>• Rosary prayer gathering</li> <li>• Chit Chat</li> <li>• March Birthday party</li> </ul> <p style="text-align: center;"><b>16</b></p>	<ul style="list-style-type: none"> <li>• Ecumenical service</li> <li>• Bible Quiz</li> <li>• Room visits</li> <li>• St. Patrick's Day Party!</li> </ul> <p style="text-align: center;"><b>17</b></p>	<ul style="list-style-type: none"> <li>• Tai Chi class</li> <li>• Chit Chat</li> <li>• Afternoon matinee</li> <li>• Evening chat &amp; trivia</li> </ul> <p style="text-align: center;"><b>18</b></p>	<ul style="list-style-type: none"> <li>• Manicures</li> <li>• Room visits</li> <li>• Music Hour</li> <li>• Happy Hour</li> </ul> <p style="text-align: center;"><b>19</b></p>	<ul style="list-style-type: none"> <li>• Coffee hour</li> <li>• Chit Chat</li> <li>• Rita's Italian Ice</li> </ul> <p style="text-align: center;"><b>Spring begins!</b> <b>20</b></p>
<ul style="list-style-type: none"> <li>• Room activities</li> <li>• Sunday matinee</li> </ul> <p style="text-align: center;"><b>21</b></p>	<ul style="list-style-type: none"> <li>• Coffee Hour and news</li> <li>• Chit Chat</li> <li>• Bingo</li> </ul> <p style="text-align: center;"><b>22</b></p>	<ul style="list-style-type: none"> <li>• 20 Questions</li> <li>• Room visits</li> <li>• Bible Study</li> <li>• Evening Bingo</li> </ul> <p style="text-align: center;"><b>23</b></p>	<ul style="list-style-type: none"> <li>• Ecumenical service</li> <li>• Inspiring stories</li> <li>• Chit Chat</li> <li>• Resident Council mtg</li> </ul> <p style="text-align: center;"><b>24</b></p>	<ul style="list-style-type: none"> <li>• Tai Chi class</li> <li>• Room visits</li> <li>• Happy Hour</li> </ul> <p style="text-align: center;"><b>25</b></p>	<ul style="list-style-type: none"> <li>• "On your own" activities</li> <li>• Dean Martin</li> <li>• Carol Burnett</li> </ul> <p style="text-align: center;"><b>26</b></p>	<ul style="list-style-type: none"> <li>• Room activities</li> <li>• Saturday matinee</li> </ul> <p style="text-align: center;"><b>27</b></p>
<ul style="list-style-type: none"> <li>• Room activities</li> <li>• Palm Sunday Serv. <b>28</b></li> </ul>	<ul style="list-style-type: none"> <li>• Coffee Hour and news</li> <li>• Room visits</li> <li>• Bingo</li> </ul> <p style="text-align: center;"><b>29</b></p>	<ul style="list-style-type: none"> <li>• Rosary prayer</li> <li>• Chit Chat</li> <li>• Penny ante</li> </ul> <p style="text-align: center;"><b>30</b></p>	<ul style="list-style-type: none"> <li>• Ecumenical Service</li> <li>• Inspiring stories</li> <li>• Room visits</li> <li>• Bowling <b>31</b></li> </ul>	<p style="text-align: center;"><b>* Activities are subject to change</b></p>	<p style="text-align: center;"><b>** Please call for activity times</b></p>	